



All About Women 2017 Summary

Programming

All About Women (AAW) concentrated its efforts in the Edgehill community of Davidson County, Tennessee throughout 2017. AAW launched an inaugural Lunch and Learn series in this community with topics relevant to women's health and well-being. Topics included:

Be a Wonder Woman! Power Up Your Heart for Good Health

Getting the Job You Want!

R.E.S.P.E.C.T! Empowering Women for Healthy Relationships

Luncheon Numbers:

- Average lunch attendance was 33 people
- 22 women attended at least two luncheons (18 women attended all three luncheons)
- Largest attendance was 55 women at the R.E.S.P.E.C.T! Empowering Women with Healthy Relationships luncheon
- 95% of attendees were women
- 48% of attendees did not have a college degree
- 18% of attendees did not have health insurance
- 48% of attendees made less than \$25,000 per year
- 42% of attendees resided in the 37203 zip code – Edgehill, Music Row, Midtown area
- 75% of attendees were age 45 and over
- Provided lunch for everyone who attended our luncheons, over 120 adults and 30 children.
- Awarded 93 gift cards totaling \$2,725 as incentives to further our outreach

Partnership with Hope Clinic for Women

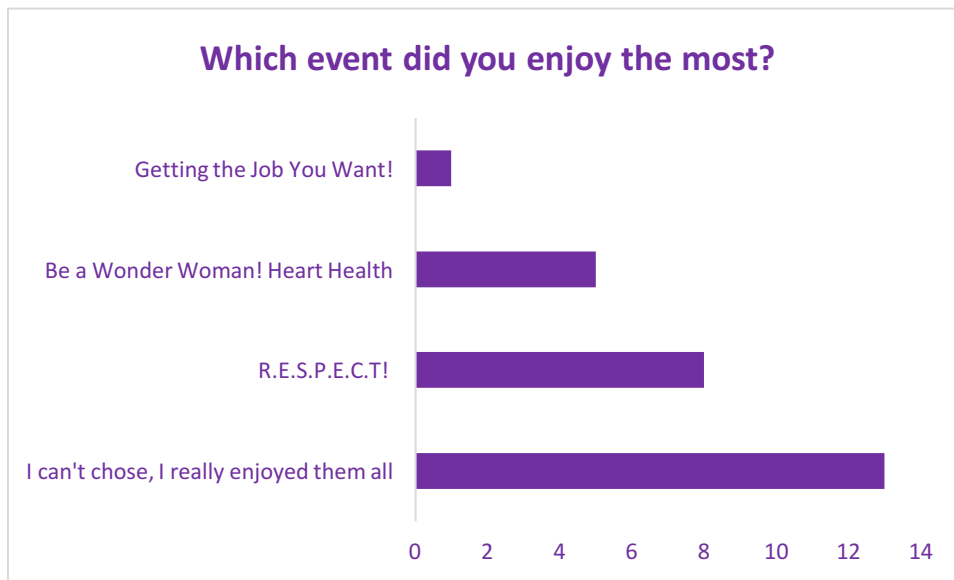
All About Women, Inc. sponsored \$1,050 in well women and women's healthcare exam for women needing financial assistance.

Service Providers and Sponsors

All About Women recognizes the following service providers, organizations and individuals that help us with supporting our mission:

Seannalyn Brandmeir; Crystal Buttrey; City Limits Bakery & Café; Colleen Conway-Welch; Delta Sigma Theta Sorority, Inc., Nashville Alumnae Chapter; Edgehill United Methodist Church; Faith Family Medical Center; Goodwill Career Solutions- Middle Tennessee; Hope Clinic for Women; Junior League of Nashville; Loveless Cafe; Mary Kay Cosmetics; Bridget Piephoff; Matia Powell; Metro Nashville Police Department, Domestic Violence Division; Metro Nashville Police Department, Midtown Precinct; Nashville Public Library – Edgehill Branch; Nashville Public Television Learning Lab – Sharon Mendonsa; Office of the District Attorney- Nashville; Metro Council Member Colby Sledge; Tennessee Department of Labor and Workplace Development; Tennessee Reconnect; Top Ladies of Distinction, Inc.- Nashville Capital City Chapter; YWCA of Nashville and Middle Tennessee

Impact Survey and Feedback



"I want to thank you for the awesome work you are doing and I have enjoyed every moment."

"I learned from the events that even small lifestyle changes can be of help to become healthier. Daily exercise can be in the form of doing something at home that will get you up and moving. I look forward to next year's events."

"I attended the luncheon on Domestic Violence and it was powerful. It was full which was good for such a personal subject. The audience was filled with victims, family, friends and all were eager to learn and to help. All the workshops this year have been interesting, fun and informative. Keep up the good work. I look forward to next year."

"I just want to thank you for all you do. Prior to the Getting the Job You Want luncheon, I was notified that my job would be eliminated. After learning about the certified construction-training program from the Goodwill representative at the luncheon, I enrolled in the program and now I have my certification."